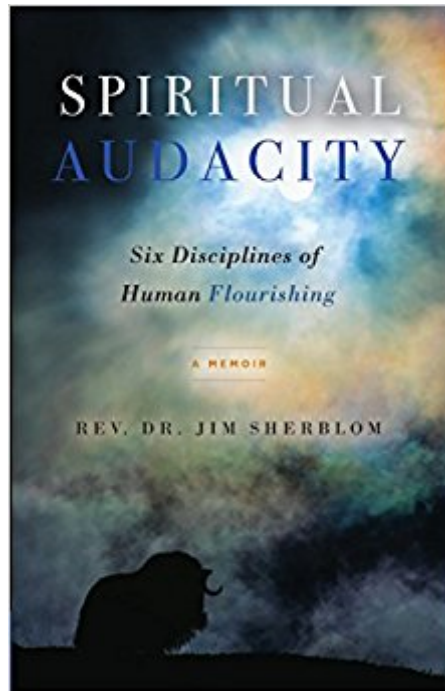




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# Spiritual Audacity: Six Disciplines Of Human Flourishing



## Synopsis

You were born to be a humble and joyful child of God. 2,600 years ago, an explosion of philosophers in different parts of the world began spiritual disciplines that would reverberate through history and time. Through study and spiritual curiosity, mystic and theologian Rev. Dr. Jim Sherblom unearthed these disciplines in his journey from wealth and power to wisdom and purpose. With humor and grace, Sherblom elucidates the six principles: Resilience, Surrender, Gratitude, Generosity, Mystery, and Awakening. Part memoir, part philosophical history, and part manual for living, *Spiritual Audacity* will guide you from black and white to color, from formless to form, from dark to light, and from curious to enlightened.

## Book Information

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"This is a rags-to-riches Horatio Alger story, first of finding the streets of the American Dream paved with gold, and then of finding the spiritual path paved with extinction of ego." --Rev. Scotty McLennan, ethics educator and author of *Christ for Unitarian Universalists* "This book is both a fascinating memoir and a guidebook for discovering your own spiritual path. Jim Sherblom offers inspiration and wisdom for the journey." --Rev. Amy Freedman, Unitarian Universalist Minister of Religious Education "Jim Sherblom's spiritual journey takes him to the farthest reaches of the earth--and to the inner sanctum of his heart. In this compelling memoir, Jim shares his victories and wounds with generosity and insight." --Sheila Heen and Douglas Stone, coauthors of *Difficult Conversations* "Jim manages something quite remarkable with this book: he throws himself headlong into life's complexities and navigates his way through with grace, integrity, and compelling

good humor.” --Sandro Galea, MD, DrPH, dean, Boston University School of Public Health

”Gripping, compelling, and deeply inspiring. A journey to the heights of wealth and power that lands somewhere completely different--in the mystical, audacious world of inner lightness, laughter, and freedom.” --Anna Huckabee Tull, Master Life Coach and author of *Living the Deeper YES* ”Through six decades of life, Jim Sherblom learned--sometimes the hard way, as we all do--six key spiritual qualities needed for human flourishing. This audacious self-revelation is more than a memoir. It is a lesson in spiritual growth, from which we all can profit.” --Rev. John Buehrens, minister, mentor, and coauthor of *A Chosen Faith* ”The best careers spring from deep self-knowledge. Jim Sherblom--CEO, financial expert, spiritual seeker, and late-career minister--presents a six-step path for attaining that knowledge and the 'spiritual audacity' to stay on the path.” --Doug Hardy, career expert, coauthor of *Monster Careers* ”Most everyone dreams of a life of meaning, adventure, and financial success. Jim Sherblom shares his journey from childhood poverty to exactly that! Along the way, he offers six spiritual disciplines we can use to make our own audacious journey. As always, the journey starts today.” --Peter Bowden, digital educator on spirituality, religion, and community

”Jim Sherblom’s storytelling offers light and inspiration to anyone who has spent time reaching for the golden ring of success, only to discover it was the reaching and not the ring itself which gave their life meaning.” --Jim Tull, international negotiation & conflict resolution specialist

Reverend Doctor Jim Sherblom holds a BA from Yale, an MBA from Harvard, and Master of Divinity and Doctor of Ministry degrees from Andover Newton Theological School. His industry roles include serving as senior vice president and CFO of Genzyme Corporation, chairman and CEO of TSI Corporation, and founding managing partner of Seaflower Ventures. At midlife, he was called into divine mystery. Through a series of vision quests and theological studies, he emerged as a spiritual teacher, preacher, and friend of God. He was called to parish ministry, serving as a senior minister at First Parish in Brookline, Massachusetts, for eleven years. Since retiring from parish ministry, Jim mostly writes about spiritual matters, especially his travels with mystics, pilgrims, and spiritual seekers. He lives in Concord, Massachusetts, with Loretta. His favorite deep spiritual practice consists of walking meditation in Walden Woods or around Walden Pond. He is the proud parent of two grown children.

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